

# QUEEN ANNE'S GATE RESIDENT RESOURCES GUIDE



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# IMPORTANT TOWN PHONE NUMBERS

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Emergency: Medical, Fire, Police .....	911
Animal Control.....	781-335-1212 Ext. 307
Department of Children and Families.....	781-682-0800
Emergency Management/Civil Defense.....	781-340-5048
Fire Department.....	781-337-5151
Harbormaster.....	781-682-6109
Health Department.....	781-340-5008
Housing Authority.....	781-331-2323

## Libraries

Fogg Library.....	781-337-0410
Franklin Pratt Library.....	781-337-1677
North Branch Library.....	781-340-5036
Tufts Main Library.....	781-337-1402
Mayor's Office.....	781-340-5012
Mayor Emergency Hotline.....	1-800-297-5733

## Parks

Great Esker Park.....	781-337-4742
Pond Meadow Park.....	781-843-7663
Police Department.....	781-335-1212
Public Works.....	781-337-5100
Emergencies after 4:30 PM Daily.....	781-337-5108
Recreation Department.....	781-682-6124
Registrar of Voters.....	781-340-5017
Town Clerk.....	781-340-5017
Town Council.....	781-340-5020
Town Hall.....	781-335-2000
TTY at Town Hall.....	781-331-5124
Veterans Services Division.....	781-340-2405
Youth & Family Services.....	781-331-1719

# WEYMOUTH SCHOOLS

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## Primary Schools

Academy Avenue.....	781-335-4717
Frederick C. Murphy School.....	781-331-2862
Thomas V. Nash Jr.....	781-340-2506
Lawrence W. Pingree.....	781-337-2974
William Seach.....	781-335-7589
Ralph Talbot.....	781-335-7250
Thomas Hamilton.....	781-335-2122
Wessagusset.....	781-335-2210

## Middle Schools

Abigail Adams.....	781-335-1100
Maria Weston Chapman.....	781-337-4500

## High School

Weymouth High School.....	781-337-7500
Before & Afterschool Program.....	781-337-0086
Night School Program.....	781-331-7680
Alternative Program.....	781-340-2542

## Catholic Schools

Sacred Heart Parish Elementary School.....	781-335-6010
Sacred Heart Parish Weymouth High School.....	781-335-6054
Sacred Heart Religious Education Office.....	781-340-2722
St. Francis Xavier School.....	781-335-6868
St. Jerome's School.....	781-335-1235

## Private Schools

First Baptist Christian School.....	781-335-6232
South Shore Christian Academy.....	781-331-4340
Old Colony Montessori.....	781-749-3698

# WEYMOUTH HOUSES OF WORSHIP

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## Assemblies of God

Crossroads Worship Center  
241 Broad St.  
781-340-0593

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## Baptist Churches

Colonial Hills  
345 Ralph Talbot St.  
781-335-8583

Community Baptist Church  
17 Mutton Ln.  
781-335-2919

Discovery Church  
222 Libbey Ind. Pkwy  
781-331-3090

First Baptist Church of Weymouth  
40 West St.  
781-335-6232

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## Christian Science

Christian Science Reading Room  
79 Pleasant St.  
781-331-4141

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## Congregational Churches

East Weymouth Congregational Church  
1320 Commercial St.  
781-335-6919

First Church in Weymouth Congregational  
17 Church St.  
781-335-1686

Old South Union Congregational Church  
25 Columbian St.  
781-335-2545

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Pilgrim Congregational Church  
24 Athens St.  
781-337-2075

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## Episcopal Churches

Church of the Holy Nativity  
8 Nevin Rd.  
781-335-2030

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## Methodist Churches

Weymouth United Methodist Church  
747 Broad St.  
781-335-2851

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## Nazarene Churches

South Weymouth Church of the Nazarene  
385 Ralph Talbot St.  
781-337-2192

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## Non-Denominational

Harvest Ministries of New England, Inc  
270 Libbey Industrial Parkway  
781-335-4696

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## Orthodox Churches

All Saints Orthodox Church  
46 Derby St.  
781-740-0220

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**Pentecostal Churches**

New Life Foursquare Church  
203 Middle St.  
781-337-4673

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**Unitarian-Universalist**

Unitarian Universalist Church of Weymouth  
83 Sea Street  
781-335-8504

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**Roman Catholic Churches/Rectories**

Sacred Heart Parish  
75 Commercial St.  
617-325-3322

Sacred Heart Rectory  
55 Commercial St.  
781-337-6333

St. Albert The Great Parish  
1140 Washington St.  
781-337-8044

St. Albert Rectory  
1130 Washington St.  
781-337-8778

St. Francis Xavier Church  
236 Pleasant St  
781-337-2171

St. Francis Xavier Rectory  
261 Pleasant Street

Saint Jerome Parish  
632 Bridge Street  
781-335-2041

St. Jerome Rectory  
632 Bridge Street

Immaculate Conception Parish  
720 Broad Street  
781-337-0380

IC Rectory  
1199 Commercial St.

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## USEFUL WEBSITES

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**Town of Weymouth**  
[www.weymouth.ma.u](http://www.weymouth.ma.u)

**Quincy Community Action Programs(QCAP)**  
[www.qcap.org](http://www.qcap.org)

**Department of Children & Families**  
[www.mass.gov/dcf](http://www.mass.gov/dcf)

**Massachusetts Veterans Affairs**  
[www.MassVetsAdvisor.org](http://www.MassVetsAdvisor.org)

## INFOLINE

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TELEPHONE: 211  
ALTERNATE NUMBER: 1-877-211-MASS  
(6277)  
TTY: 617-536-5872  
WEBSITE: [www.infoline.org](http://www.infoline.org)

Infoline is a *confidential* telephone-based information and referral clearinghouse that utilizes a computerized database to provide up-to-date information on a broad range of locally available programs and services.

Topics include, for example:

- Finding government benefits and services
- Child care resources and availability
- Alcohol and drug treatment programs
- Maternal and child health programs
- Sources of financial assistance
- Career services
- Targeted hotlines
- Support groups
- Volunteer opportunities

Infoline's professional caseworkers not only provide callers with referrals to appropriate community resources, but also intervene in crises, including suicide prevention. In addition to consulting the agencies and services listed in this guide, anyone in need of specific assistance should call Infoline for further information and guidance. This 24/7 service is free and multilingual.

# FOOD

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## QUINCY COMMUNITY ACTION PROGRAMS (QCAP)

[www.qcap.org](http://www.qcap.org)

SERVICES: Food Stamp Application Assistance, Emergency Food Center, Head Start Nutrition Component

### QCAP Emergency Food Center (EFC)

1 Copeland Street  
Quincy, MA 02169  
617-471-0796

People having difficulty stretching their budgets to cover food costs can receive fresh and non-perishable food once a month. The EFC has a large walk-in refrigerator and freezer and stocks many fresh foods that people need for good nutrition. EFC staff also provide help to connect households to other QCAP and community services that will help them make ends meet.

HOURS: Monday, Tuesday, Thursday, and Friday 9:00 AM to 4:30 PM; Wednesdays, 11 AM to 6:30 PM. Special Holiday Food orders are given four times a year at Thanksgiving, Christmas/Chanukah, Easter/Passover and Asian New Year.

### QCAP Food Stamp Application Assistance

QCAP staff can help you prepare and submit your application for SNAP-Supplemental Nutrition Assistance Program (formerly Food Stamps) using the state's Virtual Gateway. The application will go directly to the Massachusetts Department of Transitional Assistance for a review and to determine eligibility.

This service is offered by appointment at:

QCAP's Emergency Food Center  
Southwest Community Center  
1 Copeland Street  
Quincy, MA 02169  
617-471-0796

Or, for Food Stamp Walk-In Help:

DTA Outpost at QCAP  
1509 Hancock Street, 4th Floor  
Quincy, MA 02169  
Mondays & Thursdays 8:30 AM to 4:30 PM

### Head Start Nutrition Component

(617) 479-8181 x355  
QCAP's Head Start nutrition component provides and promotes nutritious eating and healthy habits to the children in our Head Start Program. Parents, Head Start staff, and community partners work together to make sure that children learn good eating and physical activity habits that will support their growth and long-term well-being.

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### WEYMOUTH FOOD PANTRY

1189 Commercial St.  
Weymouth, MA 02189  
781-331-7682

[www.weymouthfoodpantry.org](http://www.weymouthfoodpantry.org)

SERVICES: Emergency food assistance; Supplemental food and nutrition; Food delivery to homebound elderly and disabled; SNAP resource and referral program

REQUIREMENTS: Proof of residency and income verification

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### PROJECT BREAD

info@projectbread.org  
[www.projectbread.org](http://www.projectbread.org)

### FoodSource Hotline: 1-800-645-8333

TTY line: 1-800-377-1292

Project Bread's toll-free FoodSource Hotline is the only comprehensive statewide information and referral service in Massachusetts for people facing hunger.

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**FATHER BILL'S & MAINSPRING (FBMS)**

[www.helpfbms.org](http://www.helpfbms.org)

**SERVICES:** **The Table** (at MainSpring House) provides free healthy meals to men, women and children, six days a week. When available, The Table also provides sandwiches and/or other take-out items.

**LOCATION:** FBMS MainSpring House  
54 North Main Street  
Brockton, MA 02301  
508-587-5441

**HOURS:** 10:00AM to 2:00PM six days/week, closed Tuesdays

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**WEYMOUTH YOUTH & FAMILY SERVICES DIVISION**

1393 Pleasant Street  
Weymouth, MA 02189

**SERVICES:**

**WYFS Community Assistance** provides year-round emergency assistance to families in Weymouth. Food, clothing and shelter needs are addressed largely through the generous donations received during the annual Family Christmas Celebration. Held on the first Friday in December, this traditional event is a time in which the whole community bonds together, disregarding social, cultural, religious and economic differences, for the betterment of its most vulnerable members.

**CONTACT:** Kathy Collins at 781-331-1719

**HOURS:** M – Thurs 11:30AM – 2:00PM

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**QUINCY CRISIS CENTER (QCC)**

282 Billings Rd  
Quincy, MA 02170  
617-847-6967

[sangercenter.org/Quincy\\_Crisis\\_Center.html](http://sangercenter.org/Quincy_Crisis_Center.html)

**SERVICES:** Faith Covenant Hot Meal Program, Food for Families Delivery Program

**Faith Covenant Meal - Hot Meal Program:**

A free, nutritious meal is served every weekday at noon in Quincy Center. Over 11,000 meals are served a year with no sign ups or pre-qualifications involved.

**LOCATION:** United First Parish Church (Church of the Presidents)  
1306 Hancock Street (in the basement)  
Quincy, MA 02169

**HOURS:** Monday through Friday, at 12:00 PM

**Food for Families - Food Delivery**

**Program:** Our food pantry is the only one on the South Shore that regularly delivers free groceries directly to the homes of the hungry. **TARGET POPULATION:** elderly, disabled shut-ins and others who cannot access other food pantries

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**INTERFAITH SOCIAL SERVICES**

105 Adams St.  
Quincy MA, 02169

[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)

**CONTACT:** Rhiannon 617-773-6203 x 19 or [rkimball@interfaithsocialservices.org](mailto:rkimball@interfaithsocialservices.org)

**SERVICES:** Food Pantry, Nutritional Learning Program, Holiday Meal Program

**REQUIREMENTS:** Needs-based eligibility; register in advance with income verification, proof of residency, ID for each family member; must provide one ID for each visit; members can be served once every 30 days

**The Pantry Shelf**

**HOURS:** M-F 10am-11:45am; or by appointment on 3<sup>rd</sup> Tuesday of every month 5pm-7pm; 3<sup>rd</sup> Saturday of every month 10am

**The Learning Pantry Program**

The purpose of this program is to share valuable life skills with our Pantry Shelf clients who otherwise might not be exposed to this information. The learning program coordinates specialists from the community who teach our food pantry clients while they wait for their emergency food orders.

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**SALVATION ARMY**

6 Baxer St.  
Quincy, MA 02169  
617-472-2345

CONTACT: Tim Ross  
[timothy.ross@use.salvationarmy.org](mailto:timothy.ross@use.salvationarmy.org) or  
Nicole Ross  
[Nicole.ross@use.salvationarmy.org](mailto:Nicole.ross@use.salvationarmy.org)

SERVICES: Food Pantry  
HOURS: Monday- Friday 9am-11:30pm  
REQUIREMENTS: Walk-ins welcome; please provide photo ID, rent/ mortgage receipt or statement, proof of income and social security card for all residents in household

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**WELLSPRING HULL**

814 Nantasket Ave.  
Hull, MA 02045  
781-925-3211  
[www.wellspringhull.org](http://www.wellspringhull.org)

**The Food Pantry** supplies food, both packaged and fresh, and personal items to meet the regular or emergency needs of residents in Hull. Holiday food packages are available.

**Summer Lunch Program:** Wellspring works with the Hull Public Schools Free to provide more than 650 meals for school aged children during the summer.

HOURS: Monday, Wednesday and Friday from 9:30 AM to 11:00 AM. No appointments needed. Transportation is available to the Food Pantry on Mondays and Wednesdays.

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**WEYMOUTH ELDER SERVICES**

781-682-6140  
McCulloch Building/Whipple Senior Center  
182 Green Street  
North Weymouth, MA 02191

SERVICES: Lunch at Whipple Senior Center, Meal Delivery Program

LUNCH PROGRAM HOURS: Lunches are served Monday through Thursday at 12:00 Noon at the Whipple Senior Center. Call by 10:00AM the day before you come in: 339-499-6419. Suggested donation \$2.25

**Meals on Wheels** delivers a main meal to homebound persons 60 years of age or older who are unable to prepare meals, and who are homebound. The suggested donation is \$2.25 per meal. If interested in Meals on Wheels, call 781-848-3910.

TARGET POPULATION: Homebound seniors age 60+

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# CLOTHING

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## **INTERFAITH SOCIAL SERVICES**

105 Adams St.  
Quincy MA, 02169  
[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)  
617-773-6203

SERVICES: Career Closet, Bureau Drawer Thrift Shop, Halloween Costume Drive

**Career Closet** provides free professional attire to low-income job seekers. Clients are referred to this program from numerous social service and career assistance organizations in the area. Each “shopper” chooses up to five days’ worth of clothing suitable for interviews and employment.

REQUIREMENTS: Referrals preferred from social services or workforce organizations (but not required). Call to make an appointment.

**Bureau Drawer Thrift Shop** is open to the public and offers gently used clothing, accessories and home goods.

HOURS: Mon – Fri, 12:30pm – 3:30pm,  
Tuesday nights until 7pm

**Halloween Costume Drive** is a program for members of the Pantry Shelf and outfits children ages birth to 12, during Halloween season.

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## **WEYMOUTH YOUTH & FAMILY SERVICES DIVISION**

1393 Pleasant Street  
Weymouth, MA 02189

### SERVICES:

**WYFS Community Assistance** provides year-round emergency assistance to families. Food, clothing and shelter needs are addressed largely through the generous donations received during the annual Family Christmas Celebration. Held on the first Friday in December, this traditional event is a time in which the whole community bonds together, disregarding social, cultural, religious and economic differences, for the betterment of its most fragile members.

CONTACT: Kathy Collins at 781-331-1719

HOURS: M – Thurs 11:30AM – 2:00PM

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# MENTAL HEALTH & WELLNESS

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## **QUINCY CRISIS CENTER (QCC)**

282 Billings Rd

Quincy, MA 02170

[http://sangercenter.org/Quincy\\_Crisis\\_Center.html](http://sangercenter.org/Quincy_Crisis_Center.html)

617-847-6967

**SERVICES:** 24-hour Crisis Hotline, Sojourners Visitation & Advocacy Program

**The QCC Hotline** provides a compassionate response to people in crisis through free confidential crisis counseling, information, and referrals to other agencies that can provide needed help.

**CONTACT:** 617-471-7075 (open 24/7)

### **Sojourners - Visitation and Advocacy**

**Program** serves isolated adults, primarily senior citizens or the disabled, who would benefit from a visit by a friendly volunteer. By dropping by for a chat, sojourners help a lonely person enjoy a laugh, make a new friend, and get over a bump in the road.

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## **SOUTH BAY MENTAL HEALTH**

[www.southbaymentalhealth.com](http://www.southbaymentalhealth.com)

Weymouth Clinic: 541 Main Street,  
Suite 303 (Stetson Building)

Weymouth, MA 02190

781-331-7866

South Bay provides a continuum of community-based services to children, adults and families in Massachusetts. South Bay offers Outpatient Mental Health and Substance Abuse counseling, Day Treatment and Partial Hospital Programs and Early Intervention services.

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## **MANET COMMUNITY HEALTH CENTER**

617-376-3030

[www.manetchc.org](http://www.manetchc.org)

**SERVICES:** Complete Physicals & Routine Screening; Counseling; Gynecology & Family Planning; HIV Testing & Counseling (QSSAC); Diabetes Education; Nutritional Services; Geriatric Care; SHINE Services; Adolescent Care; Prenatal Care

### **Quincy/South Shore AIDS Cares (QSSAC)**

**LOCATION:** Quincy Medical Center

114 Whitwell St. (2<sup>nd</sup> floor)

Quincy, MA 02169

**SERVICES:** HIV testing and counseling, Individual support and care coordination, Family support, Food assistance, Transportation assistance, Guidance regarding a variety of insurance and legal issues, Referrals to medical, dental, mental health and substance abuse providers, Referrals to HIV studies, Referrals for housing, Referrals for legal assistance, Emergency financial assistance

**HOURS:** Free confidential testing,

Wednesdays from 8AM-4PM

**REQUIREMENTS:** Walk-ins are welcome, or call to schedule a confidential appointment at 857-939-4108

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## **WELLSPRING HULL**

814 Nantasket Ave.

Hull, MA 02045

781-925-3211

[www.wellspringhull.org](http://www.wellspringhull.org)

**SERVICES:** Crisis counseling; Domestic abuse counseling (individual and group)

**The Counseling Program** provides guidance to individuals with personal and subsistence problems. If unable to provide the needed service, referrals are provided to outside sources. Wellspring has a licensed social worker to head its domestic violence program.

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**SOUTH SHORE MENTAL HEALTH**

[www.ssmh.org](http://www.ssmh.org)

Intake/Referral Line: 617-844-1914

Bully Busters: 1-800-852-2844

Crisis Team: 617-774-6036

SERVICES: Outpatient child, adult and family treatment, child/adult crisis services, psychiatric evaluation and medication management, day treatment services, services for developmentally delayed adults and hearing impaired individuals.

**Bayview Associates**

859 Willard Street

Quincy, MA 02169

617-847-1950

SERVICES: Counseling for children, adolescents and families; adult counseling; treatment/therapy with: Individual, Couples and Family Group Therapy; Outreach and Home-Based Services; Psychiatric Evaluation/Psychopharmacology; Psychological Evaluation and Testing

PAYMENT: We accept most health care plans including many commercial insurers, HMO's, MassHealth, and Medicare. Reduced fees are available for eligible individuals.

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**DOVE, INC.**

617-770-4065

[www.doveinc.info](http://www.doveinc.info)

SERVICES: 24-Hour Domestic Violence Hotline; Emergency Shelter; Domestic Violence Counseling and Safety Planning; Individual & Family Case Management; Support Groups; Domestic Violence Education & Prevention

**24/7 DOMESTIC VIOLENCE HOTLINE:**

617-471-1234 *or (toll-free)* 888-314-3683

Specially trained hotline staff are available 24 hours a day, 365 days a year to offer a confidential, empathetic, non-judgmental, sensitive, and supportive ear, as well as a wealth of information on available options and resources.

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**INTERFAITH SOCIAL SERVICES**

105 Adams St.

Quincy MA, 02169

617-773-6203

[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)

SERVICES: New Directions Counseling Center; Home Safe Program

**New Directions Counseling Center** provides counseling for adults, children, couples & families.

General areas include: Mood Disorders/ Anxiety, Panic, Depression; Adjustment to life transitions; Impulse control/ Anger management; Addiction/ Substance abuse/ Relapse prevention/Recovery; Relationships; Loss/ Grief; Trauma; Infertility; Parenting Issues

PAYMENT: Most Health insurances are accepted but there is also a sliding fee available for individuals without health insurance who desire services

**Home Safe** provides counseling for families at risk for homelessness due to financial hardship: we help to keep our clients "safe at home". Any unexpected event such as illness, unemployment or hospitalization can easily cause a crisis situation for an impoverished family.

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# SUBSTANCE ABUSE

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## **SOUTH SHORE MENTAL HEALTH**

[www.ssmh.org](http://www.ssmh.org)

500 Victory Road #19

Quincy, MA 02171

617-847-1950

Intake/Referral Line: 617-844-1914

Bully Busters: 1-800-852-2844

Crisis team: 617-774-6036

### SERVICES:

**Quitting Time Addictions Services** provides a continuum of outpatient and intensive outpatient services for individuals with a primary addiction to alcohol, drugs, or multiple substances. Each client receives a comprehensive assessment to determine the appropriate level of care and treatment plan. The ability to move to less intensive treatment is continually reassessed. Services are based on a twelve-step recovery model with close linkages to Alcoholics Anonymous, Narcotics Anonymous, and other self-help programs. A multi-disciplinary team of clinicians includes certified addictions counselors, licensed psychologists and social workers, nurses and psychiatrists. All are experienced in the twelve-step model.

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## **INTERFAITH SOCIAL SERVICES**

105 Adams St.

Quincy MA, 02169

617 773 6203 (ext 12 to schedule a confidential appointment)

[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)

**New Directions Counseling Center** provides counseling for those dealing with addiction, substance abuse, relapse prevention, recovery and many other areas.

PAYMENT: Most health insurances are accepted but there is also a sliding fee available for individuals without health insurance who desire services

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## **SOUTH BAY MENTAL HEALTH**

[www.southbaymentalhealth.com](http://www.southbaymentalhealth.com)

Weymouth Clinic: 541 Main Street,  
Suite 303 (Stetson Building)

Weymouth, MA 02190

781-331-7866

SERVICES: South Bay provides a continuum of community-based services to children, adults and families in Massachusetts. South Bay offers Outpatient Mental Health and Substance Abuse counseling, Day Treatment and Partial Hospital Programs and Early Intervention services.

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# YOUTH

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## Preschool/Pre-K

Johnson Early Childhood..... 781-335-0191  
QCAP Head Start..... 617-479-8181 x355  
Weymouth Preschool Stars..... 781-335-0704  
Lakeview Manor Preschool..... 781-340-7102  
Sharon Lee Nursery School..... 781-335-6169  
South Shore Conservatory..... 781-749-7565  
Weymouth Montessori..... 781-337-9920  
Children’s Choice..... 781-337-2698  
Totland College Nursery..... 781-843-3965  
Wonder Days Preschool..... 781-849-1831  
Pre-School Playmates..... 781-749-2109

## Child Care Centers

KinderCare Learning Center... 781-335-5181  
Just Right Child Care.....781-337-8514  
Puddle Jumpers Daycare, Inc...781-331-0105  
ABC Bilingual Daycare..... 781- 331-8125  
Weymouth Afterschool Stars...781-331-3685  
Shanahan Learning Center..... 781-682-9558  
Forest Street Academy..... 781-340-1779  
Curious Kids Learning Center.. 781-340-3306

## Family Day Care Services

South Shore Stars..... 781-331-8505  
Weymouth Family Network.....781-340-6098  
Iris’ Family Child Care..... 781-413-5383

PLEASE NOTE: Some private schools, preschools and child care centers have extensive wait lists and enrollment processes. Call for more information.

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## WEYCARE – WEYMOUTH PUBLIC SCHOOLS EXTENDED DAY PROGRAM

CONTACT: Joanne Greener (Director) or  
Judith Lettiere (Secretary): 781-337-0086

PROGRAM: Before & after school child care for students enrolled in school, 8-week summer program, February and April vacation program, snow delay drop-in

PROGRAM SITES: Academy, Adams, Johnson, Murphy, Nash, Pingree, Seach, Talbot, Hamilton and Wessagussett

HOURS: 7am-6pm, school calendar days

REQUIREMENTS: Please visit the WeyCare Site Coordinator at your child's school for a WeyCare application

PAYMENT: \$25 non-refundable application fee; detailed monthly cost chart available online (Drop-in rates are available)

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## SOUTH SHORE STARS

200 Middle Street  
Weymouth, MA 02189  
781-331-8505

[www.southshorestars.org](http://www.southshorestars.org)

PROGRAMS: Preschool; Family Child Care; School-Age Care/ Afterschool Centers; Summer Day Camp; Family Support

Stars’ **Family Child Care (FCC)** homes are supported by an early childhood specialist, who visits each home several times a month, and acts as a resource and support to both parents and providers, helping them to meet each child’s individual needs. FCC homes are open a minimum of 10 hours/day, year-round, Monday through Friday. Stars’ Family Child Care homes are located in Braintree, Holbrook, Milton, Quincy, Randolph, Weymouth and Whitman.

Star’s nationally accredited **Preschool Centers**, located in Quincy, Randolph, and Weymouth, offer young children the opportunity to learn and make friends in a supportive, educational environment. Each center, open year-round from 7 AM to 6 PM, is small and specifically designed for preschool children. Teachers plan child-centered activities that are fun and spark exploration, creativity, and the mastery of new skills. Teachers assess children’s developmental growth and use this information to develop teaching strategies and curriculum.

At Stars' **School Age Afterschool Centers**, located in Quincy, Randolph and Weymouth, children are encouraged to grow in self-reliance and self-expression as they enjoy many activities including: athletics, arts and crafts, games, drama, cooking and field trips. We aim to excite children about reading and writing by integrating literacy activities into each center's daily schedule. We work with students and parents to develop an individual homework plan, and homework time is a part of each day's schedule.

Stars' **South Shore Day Camp** offers children a wonderful program with a wide variety of activity choices. Our American Camping Association accredited site at Hale Reservation in Westwood is located in a 1200 acre wooded area with many natural camping resources, including a fresh water pond and several nature trails.

Stars South Shore Day Camp is especially accessible and affordable for working parents. The camp provides breakfast and transportation to and from the site in passenger vans and school buses with stops in Quincy, Randolph and Weymouth. A professional, experienced staff and on-site directors carefully plan age appropriate activities for children entering grades 1 through 6. Parents can choose one or more of four, 2-week sessions running July 1st to August 23rd 2013.

REQUIREMENTS: Forms and more information available on

[www.southshorestars.org](http://www.southshorestars.org)

CONTACT: Judi Schlicting, Director of Enrollment at 781-331-8505 x 224 or [jschlicting@southshorestars.org](mailto:jschlicting@southshorestars.org)

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## QUINCY COMMUNITY ACTION PROGRAMS (QCAP)

[www.qcap.org](http://www.qcap.org)

617-479-8181

SERVICES:

**Head Start** provides comprehensive services including education, health, nutrition, family support and parent involvement. The goal of Head Start is to prepare children to enter kindergarten ready to learn and to promote their success in later learning. The program also supports families in meeting their goals towards self-sufficiency.

CONTACT: 617-249-2000

22 Pray Street

Quincy, MA 02169

HOURS: 7:00AM-5:00PM Mon-Fri

TARGET POPULATION & REQUIREMENTS:

Families with children age birth to five, including children with special needs. Open to residents of Braintree, Hull, Milton, Quincy & Weymouth. Head Start is free to very low-income families who meet income guidelines. Sliding fee slots are also available to working families based upon income and family size. Application available on QCAP website, or call the office to have a copy mailed to you.

**Community Care for Kids (CCK)** is the child care resource and referral program serving the greater Quincy area. The program consists of several components designed to help families make educated child care choices, improve the affordability of child care for income eligible families, and increase the quality and availability of child care services.

SERVICES: Information and Referral, Child Care Subsidies, Professional Development and Technical Assistance for Child Care Professionals, Accreditation and CDA Support

CONTACT: 617-547-1063 Ext. 237

1509 Hancock Street

Quincy, MA 02169

REQUIREMENTS: Resource / Referral program available for all families and all income levels.

To access financial assistance, parents must place their name and information on the Massachusetts Statewide Waiting List. To place your names on the waiting list, please call Alda Stankewicz at 617-657-5312 or [orastankewicz@qcap.org](mailto:orastankewicz@qcap.org)

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**WEYMOUTH YOUTH & FAMILY SERVICES  
DIVISION**

SERVICES:

**WYFS Teen Center** provides a safe, professionally supervised environment for young people to gather with their peers. The center is open five evenings per week, and offers pool tables, Ping-Pong, video games, an exercise room, Tread Wall, tutoring, band nights, and a host of other activities. The teens themselves assist in planning of special events, theme nights, and other activities of interest. The Teen Center is a place where young people can air their concerns, develop and express ideas of their own, and be encouraged to grow into healthy, responsible adults.

CONTACT: 781-335-9713

1393 Pleasant Street (2<sup>nd</sup> Floor)

Weymouth, MA 02189

HOURS: Mon – Thurs 2:00PM – 6:00PM

Fri 2:00PM – 9:00PM

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**YMCA QUINCY**

[www.ssymca.org/quincy](http://www.ssymca.org/quincy)

617-479-8500

SERVICES: Before/ After School Child Care, Summer Camp and School Vacation Program, Aquatics, Arts & Education, Sports, Teen Program, Birthday Parties, Junior Membership Rates for Fitness Program

REQUIREMENTS: Online registration available, or call for more information

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# WOMEN

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## **MANET COMMUNITY HEALTH CENTER**

[www.manetchc.org](http://www.manetchc.org)

SERVICES: Gynecology & Family Planning (counseling, education & testing); WIC enrollment

Free, confidential family planning services at Quincy and Hull locations. Counseling, education and testing related to: birth control methods, pregnancy prevention, pregnancy options, STI/HIV, linkage to primary care, health education, group education sessions and other reproductive health needs.

CONTACT: Kanisha Louis Jean 857-403-1556 or [healthychoices@manetchc.org](mailto:healthychoices@manetchc.org)

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## **DOVE, INC.**

617-770-4065

[www.doveinc.info](http://www.doveinc.info)

SERVICES: 24-Hour Domestic Violence Hotline; Emergency Shelter; Domestic Violence Counseling and Safety Planning; Individual & Family Case Management; Support Groups; Domestic Violence Education & Prevention

### **24/7 DOMESTIC VIOLENCE HOTLINE:**

617-471-1234 or (toll-free) 888-314-3683

DOVE operates an 18-bed emergency shelter for individuals and families fleeing abusive relationships.

SHELTER SERVICES: Individual and family case management, crisis intervention & prevention, development of family strengths and needs assessment, assistance with basic needs, legal advocacy, benefits and systems advocacy, childcare, and children's services. Through collaborations with community partners, DOVE offers on-site sexual assault, mental health and substance abuse services.

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## **WEYMOUTH FOOD PANTRY**

1189 Commercial St.

Weymouth, MA 02189

781-331-5920 OR 1-800-WIC-1007

[www.weymouthfoodpantry.org](http://www.weymouthfoodpantry.org)

[www.mass.gov/wic](http://www.mass.gov/wic)

SERVICES: WIC (Women, Infants & Children) provides supplemental foods, healthcare referrals, nutrition education & breastfeeding promotion to low-income pregnant women and mothers with children aged infant to 5yrs

REQUIREMENTS: household earnings (wages, tips etc.); unearned income (child support, unemployed benefits, SSI). Application is available upon appointment with local agency (*call number above*)

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## **SOUTH SHORE WOMEN'S RESOURCE CENTER**

508-746-2664

[www.thesswrc.org](http://www.thesswrc.org)

Services are free and confidential. Our focus is to create a welcoming environment where victims of domestic violence and their families can feel safe to make empowering choices in their lives.

CENTER-BASED SERVICES: Crisis Intervention; Safety Planning; Assistance with Shelter Planning; Support Groups; Clinical Individual/Group/Family Therapy; 24-Hour Hotline

OUTREACH PROGRAMS & SERVICES: Homicide Bereavement Services; Older Women Programs; Grandparents Raising Grandchildren; Advocacy; Batterers Intervention Program

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# SENIORS

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## **WEYMOUTH ELDER SERVICES**

781-682-6140

Programs Hotline: 781-682-3822

McCulloch Building/Whipple Senior Center

182 Green Street,

North Weymouth, MA 02191

HOURS: Mon-Fri, 9AM - 4PM

SERVICES: Handy Man, Outreach Programs, Nutrition Programs, Health Programs, Transportation, Education, Exercise Programs, Medical Equipment Loan

**Outreach** responds confidentially to calls for assistance from seniors. These services include a needs assessment, advice regarding resources available, referrals to appropriate agencies, home visits, assistance with programs, and filling out applications. Outreach provides a caring link to the community for those who have a problem or need a remedy for isolation and loneliness. Outreach Workers assist elders in transition that may need guidance with housing, assisted living and nursing home placement.

**Transportation:** 781-331-3921

The Department of Elder Services offers a variety of transportation services. Priorities are medical and medically related appointments. Wheel chair transport is available. Transportation for shopping to the market and the mall is available.

**Meals on Wheels** delivers a main meal to homebound persons 60 years of age or older who are unable to prepare meals, and who are homebound. The suggested donation is \$2.25 per meal. If interested in Meals on Wheels, call 781-848-3910.

**Elder Horizons** is the monthly newsletter providing current information about Senior Center Programs and elder related issues. It is distributed across town.

ADDITIONAL SERVICES: Shine (Health Insurance Information), Tax Assistance, Housing Advice, Legal Advice, Financial Advice, Reverse Mortgage Information, Smoke Detector/House Number Installations, Beauty Day, Meal Site, Monthly Socials, Monthly Luncheons, Blood Pressure Clinics (twice monthly), Foot care, Hearing, Pen Pals, Lost Key Protection Program, AARP Tax Preparation (Feb 1 – Apr 15)

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## **SOUTH SHORE ELDER SERVICES (SSES)**

1515 Washington Street

Braintree, MA 02184

781-848-3910

[www.sselder.org](http://www.sselder.org)

SERVICES: SSES recommends and coordinates resources for elders to help them to remain as independent as possible

### PROVIDES RESOURCES & REFERRALS FOR:

Case Management; Homemaking; Meal Preparation; Personal Care; Home Health Services; Transportation; Delivered Meals; Adult Day Care; Caregiver Relief; Money Management; Emergency Response System

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## **MANET COMMUNITY HEALTH CENTER**

110 W Squantum St.

North Quincy, MA 02171

617-376-3000

[www.manetchc.org](http://www.manetchc.org)

SERVICES: SHINE (Serving the Health Information Needs of Elders) provides health insurance counseling services to the elderly

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## **YMCA QUINCY**

[www.ssymca.org/quincy](http://www.ssymca.org/quincy)

617-479-8500

**Active Older Adults Program** helps seniors stay active and involved. From our water aerobics to low-impact group exercise classes to volunteer opportunities, we welcome seniors with all interests and activity levels.

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**SALVATION ARMY**

6 Baxer St.  
Quincy, MA 02169  
617-472-2345

CONTACT: Tim Ross  
[timothy.ross@use.salvationarmy.org](mailto:timothy.ross@use.salvationarmy.org) or  
Nicole Ross  
[Nicole.ross@use.salvationarmy.org](mailto:Nicole.ross@use.salvationarmy.org)

Community breakfast M-F 8:30-10am;  
suggested donation \$2; Lunch M-F 11:30am  
TARGET POPULATION: 55 & older

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**ADULT DAY CARE CENTERS**

\*These centers provide care for older adults, allowing caregivers peace of mind knowing that their family member is safe and secure.

**Abigail Adams Center for Alzheimer's Care**

1283 Washington St.  
Weymouth, MA  
781-340-9100

<http://www.abigailadamscenter.com>

The Abigail Adams Center is a day program for elders who want to stay in their own homes or the home of a loved one, but need help during the day. Adult Day Health Centers like ours are the most cost effective way to provide assistance to the elderly. A day at The Abby is filled with activities, making new friends, having a great time while knowing medical help is on site.

SERVICES: Door-To-Door Transportation; Breakfast, Lunch and Snacks Provided; Shower Services Available; Podiatry On-Site; Hairstyling Services On-Site; Escorts to Medical Appointments & Lab Runs Available; Social Services; Social & Recreational Activities; Occupational, Physical & Speech Therapies (with Doctor's Orders); Continuous Support & Care Management

PAYMENT: \$75/Day. Reimbursement available from: Private Pay, VA and MASS Health or Medicaid

HOURS: 8-3:30, Mon-Fri

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**Colonial Adult Day Health Center**

125 Broad Street  
Weymouth, MA 02188  
781-337-3121

Older adults can have their emotional and physical needs monitored, enjoy recreational activities and the companionship of others in a safe and supportive daytime environment. The well-respected programs are considered an excellent choice for older adults who would benefit from a more structured routine, daily nutritional and medication supervision and appropriate cognitive and physical activities.

SERVICES: Social Activities; Recreational Programs and Light Exercise; Breakfast, Lunch and Snack included; Transportation Provided for Day Participants

PAYMENT: \$65/Day, can be covered by VA, Medicaid, MASS Health, OCES, SSES

HOURS: 7:30-3:30, Mon-Fri

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# VETERANS

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If you are a veteran in need of immediate assistance you may call the following numbers 24 hours a day, 7 days a week:

**VA Veterans Suicide Hotline:**  
1-800-273-TALK (8255)

**VA Homeless Veterans Hotline:**  
1-877-4AID VET (877-424-3838)

**Veteran Crisis Hotline:**  
1-800-273-TALK (8255) Press 1

**General VA Assistance Hotline**  
1-877-4AID VET  
For help connecting to general services in Massachusetts, please visit:  
<http://www.mass211.org>

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**DEPARTMENT OF VETERANS' SERVICES OF MASSACHUSETTS (DVS)**  
600 Washington St.  
Boston, MA 02111  
617-210-5480  
[MDVS@vet.state.ma.us](mailto:MDVS@vet.state.ma.us)  
[www.MassVetsAdvisor.org](http://www.MassVetsAdvisor.org)

**SERVICES:** DVS has many programs funded by the Commonwealth. Each city and town in Massachusetts is required to have a Veteran's Service Officer, whose job it is to provide resources and assistance to veterans living in their communities. DVS may be able to help veterans who are not eligible for VA services.

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**FATHER BILL'S & MAINSPRING (FBMS)**  
[www.helpfbms.org](http://www.helpfbms.org)

For information about Veteran's Services at FBMS, please contact:  
[veterans@helpfbms.org](mailto:veterans@helpfbms.org)  
508-894-0292

**SERVICES:** Emergency shelter for veterans and veteran families; Transitional program for veterans with studio apartments and supportive services at The Residences at Spring Street in Brockton; Permanent supportive housing for veterans; Specialists to help veterans access services and benefits, connect to resources and health professionals and transition to housing and employment; Peer-to-Peer-program in collaboration with the regional Veterans Administration (VA) and Department of Veteran Services; U.S. Workforce program to help veterans prepare for and find employment.

**REQUIREMENTS:** veterans without housing or in danger of losing housing AND served at least some time in the active military, released under conditions other than dishonorable

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# PEOPLE WITH DISABILITIES

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## MANET COMMUNITY HEALTH CENTER

110 W Squantum St.  
North Quincy, MA 02171  
617-376-3000  
[www.manetchc.org](http://www.manetchc.org)

**HOURS:** Mon. & Thurs. 8:30am-9pm; Tues,  
Wed & Friday 8:30am-5pm

**SERVICES:** SHINE (Serving the Health Information Needs of Elders) provides health insurance counseling services to elderly and disabled)

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## FATHER BILL'S & MAINSPRING (FBMS)

38 Broad Street  
Quincy, MA 02169  
[www.helpfbms.org](http://www.helpfbms.org)  
617-376-2255

### **SERVICES:**

**WorkReady** offers job readiness, employment services, and connections to educational opportunities for men and women who are currently or previously homeless. Our employment specialists, trained in issues specific to homelessness, are on-site at the Quincy and Brockton Career Centers, ready to help people access computers, training, workshops, job search assistance, job listings and education support. **WorkExpress** is a social enterprise that employs men and women in commercial cleaning, landscaping, and apartment rehab, working for a variety of business customers. Participants also receive help with housing, case management, soft skills and employment training. Living and working together, they gain confidence, skills and stability, with the goal of graduating with both a job and housing within a year.

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## WEYMOUTH HOUSING AUTHORITY

402 Essex St.  
Weymouth, MA 02188  
<http://www.weymouthha.com>  
781-331-2323

**SERVICES:** Provides federally aided elderly/disabled housing and administers Section 8 Housing Vouchers

WHA also administers over 159 Federal Section 8 Housing Choice Vouchers (program operated by the U.S. Department of Housing and Urban Development). The program offers rent subsidies to persons of low income, which allows them to acquire apartments in private developments or houses. Residents of WHA developments pay 30% of adjusted gross income, when occupying a federal property, and 30% of net income when occupying a state property.

Elderly/disabled development residents pay no utility costs. (Electricity, heat, cooking fuel, and hot water)

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## YMCA QUINCY

<http://ssymca.org/quincy>  
617-479-8500

**The Partnership Program** pairs a master trainer with a member with disabilities and their self-selected partner. The trainer teaches them how to properly use our specialized strength and cardiovascular equipment. YMCA recommends consulting a physician before starting an exercise program.

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# TRANSPORTATION

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## WEYMOUTH PUBLIC TRANSPORTATION

### MBTA

617-222-3200

[www.mbta.com](http://www.mbta.com)

FIND LOCAL MBTA ROUTES:

[www.mbta.com/rider\\_tools/servicenearyby/SERVICES](http://www.mbta.com/rider_tools/servicenearyby/SERVICES):

**Bus # 222:** Quincy Center to East Weymouth and Lovells Corner

**Bus # 225:** Quincy Center to Weymouth Landing, Columbian Square, and South Shore Hospital

### MBTA Commuter Rail

SERVICES:

**Kingston/Plymouth (Old Colony) Lines**

SCHEDULE:

[www.mbta.com/schedules\\_and\\_maps/rail/lines/?route=OLCOLONY](http://www.mbta.com/schedules_and_maps/rail/lines/?route=OLCOLONY)

**Greenbush Line**

SCHEDULE:

[www.mbta.com/schedules\\_and\\_maps/rail/lines/?route=GREENBSH](http://www.mbta.com/schedules_and_maps/rail/lines/?route=GREENBSH)

### Boston Harbor Cruises

617-227-4321

SERVICES: Boats from Hingham Shipyard to Rowes Wharf

SCHEDULE, PARKING & FARES:

[www.bostonharborcruises.com/boston-harbor-cruises](http://www.bostonharborcruises.com/boston-harbor-cruises)

### Harbor Express Commuter Boat Services

617-222-6999

SERVICES: Boats from Quincy and Hull to Boston and Logan Airport

SCHEDULE & FARES:

[www.bostonharborcruises.com/boston-commuter-boat-services](http://www.bostonharborcruises.com/boston-commuter-boat-services)

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### WEYMOUTH ELDER SERVICES

781-682-6140

McCulloch Building/Whipple Senior Center  
182 Green Street,  
North Weymouth, MA 02191

TARGET POPULATION: Seniors age 60+

HOURS: Mon-Fri, 9AM - 4PM

**Transportation Program:** 781-331-3921

The Department of Elder Services offers a variety of transportation services. Priorities are medical and medically related appointments. Wheel chair transport is available. Transportation for shopping to the market and the mall is available.

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### MANET COMMUNITY HEALTH CENTER

[www.manetchc.org](http://www.manetchc.org)

### Quincy/South Shore AIDS Cares (QSSAC)

LOCATION: Quincy Medical Center

114 Whitwell St. (2<sup>nd</sup> floor)

Quincy, MA 02169

SERVICES: Transportation assistance for HIV testing & counseling and individual support & care coordination

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### WELLSPRING HULL

814 Nantasket Ave.

Hull, MA 02045

781-925-3211

[www.wellspringhull.org](http://www.wellspringhull.org)

SERVICES:

**Ticket to Ride** offers rides to the Food Pantry on Wednesdays and to Adult Learning Program students. Trips to Department of Transitional Services and other human service links are planned as needed.

CONTACT: To request a ride, call Vinny at 781-925-3211 for schedules and more information

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# FINANCIAL & INCOME ASSISTANCE

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## QUINCY COMMUNITY ACTION PROGRAMS (QCAP)

1509 Hancock Street  
Quincy, MA 02169  
[www.qcap.org](http://www.qcap.org)  
617-479-8181 x374

SERVICES: Financial Literacy Education,  
Individual Development Accounts, Volunteer  
Income Tax Assistance

### REQUIREMENTS:

**Free Tax Assistance Services** available for  
low-income taxpayers of all ages.

**IDA** program must meet eligibility  
requirements; call for details.

**Literacy Education Programs** available to  
all (check QCAP Events for upcoming  
workshops).

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## INTERFAITH SOCIAL SERVICES

105 Adams St.  
Quincy MA, 02169  
Contact: 617-773-6203  
[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)

SERVICES: Information referral, financial  
assistance with overdue rent, utilities  
assistance and or help with medical expenses

**HomeSafe** serves South Shore families at risk  
for homelessness due to financial hardship,  
we help to keep our clients “safe at home”.  
Any unexpected event such as illness,  
unemployment or hospitalization can easily  
cause a crisis situation for an impoverished  
family. Within HomeSafe is a special program  
called **Fresh Start** which provides financial  
assistance to families who are moving from  
shelters or motels into permanent housing

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## WEYMOUTH ELDER SERVICES

781-682-6140  
McCulloch Building/Whipple Senior Center  
182 Green Street,  
North Weymouth, MA 02191  
HOURS: Mon-Fri, 9AM - 4PM

TARGET POPULATION: Seniors age 60+

SERVICES: Tax Assistance, Housing Advice,  
Legal Advice, Financial Advice, Reverse  
Mortgage Information

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# ENERGY ASSISTANCE

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## QUINCY COMMUNITY ACTION PROGRAMS (QCAP)

1509 Hancock Street  
Quincy, MA 02169  
[www.qcap.org](http://www.qcap.org)  
617-479-8181 x301

SERVICES: Fuel Assistance; Heating System Repair & Replacement; Utility Discounts; Energy Conservation; Energy Bucks ([www.energybucks.com](http://www.energybucks.com))

**The Fuel Assistance Program** helps households by paying a portion of their annual winter heating costs. Energy conservation services help with home improvements that improve efficiency and lower household heating costs.

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## INTERFAITH SOCIAL SERVICES

105 Adams St.  
Quincy MA, 02169  
Contact: 617-773-6203  
[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)

SERVICES: Provides financial assistance with utilities to eligible clients

**HomeSafe** serves South Shore families at risk for homelessness due to financial hardship; we help to keep our clients “safe at home”. Any unexpected event such as illness, unemployment or hospitalization can easily cause a crisis situation for an impoverished family.

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## WEYMOUTH FOOD PANTRY

1189 Commercial St.  
Weymouth, MA 02189  
781-331-7682  
[www.weymouthfoodpantry.org](http://www.weymouthfoodpantry.org)

SERVICES: Provides fuel assistance for families in need

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## SALVATION ARMY

6 Baxer St.  
Quincy, MA 02169  
617-472-2345

### CONTACT:

Tim Ross  
[timothy.ross@use.salvationarmy.org](mailto:timothy.ross@use.salvationarmy.org) or  
Nicole Ross  
[Nicole.ross@use.salvationarmy.org](mailto:Nicole.ross@use.salvationarmy.org)

SERVICES: Utility/ heating assistance  
HOURS: Monday- Friday 9am-3:30pm  
REQUIREMENTS: Photo ID, rent/ mortgage receipt or statement, proof of income, utility bill and social security card for all residents in a household

## Good Neighbor Energy Assistance

[www.magoodneighbor.org](http://www.magoodneighbor.org)  
1-800-334-3047  
GNEA provides heating and energy assistance to residents in temporary crisis. Apply by calling your local Salvation Army Service Center (*phone number above*)

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## CITIZENS ENERGY CORPORATION

[www.citizensenergy.com/](http://www.citizensenergy.com/)  
1-877-JOE-4-OIL  
1-866-GAS-9918

SERVICES: Oil Heat Program; Energy Assistance; Natural Gas Assistance; Solar Homes Program; Shelter Winter Program; Energy Efficient Lighting Program

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# EMPLOYMENT & ADULT EDUCATION

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## QUINCY COMMUNITY ACTION PROGRAMS (QCAP)

[www.qcap.org](http://www.qcap.org)  
617-479-8181

SERVICES: **Adult Basic Education** gives adults the chance to return to school and get their GED, to learn English and to improve their literacy skills. Small group instruction and an individualized approach create a learning environment that is supportive and successful in assisting students to reach their academic goals. The program's highly participatory learning process is enriched by students' life experiences. The ABE staff is committed to providing a supportive, caring setting that focuses on students' strengths.

CONTACT:

617-479-8181 x387 (GED)  
617-479-8181 x386 (ESOL)

**Child Care Professional Training** offers low cost training and support programs for child care professionals or those interested in entering the field. Professional development opportunities are available to help child care professionals progress through the early childhood career ladder and include workshops and college level courses. First aid and CPR courses, as well as workshops and distance learning opportunities are available. For people interested in becoming a family child care provider, CCK offers a comprehensive orientation, resources and support.

CONTACT:

(617) 471-6473 x322  
[www.communitycareforkids.org](http://www.communitycareforkids.org)

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## FATHER BILL'S & MAINSPRING (FBMS)

38 Broad Street  
Quincy, MA 02169  
[www.helpfbms.org](http://www.helpfbms.org)  
617-376-2255

SERVICES:

**WorkReady** offers job readiness, employment services, and connections to educational opportunities for men and women who are currently or previously homeless. Our employment specialists, trained in issues specific to homelessness, are on-site at the Quincy and Brockton Career Centers, ready to help people access computers, training, workshops, job search assistance, job listings and education support.

**WorkExpress** is a social enterprise that employs men and women in commercial cleaning, landscaping, and apartment rehab, working for a variety of business customers. Participants also receive help with housing, case management, soft skills and employment training. Living and working together, they gain confidence, skills and stability, with the goal of graduating with both a job and housing within a year.

**U.S. WorkForce** provides veterans with job prep, training and housing services through funding from the U.S. Department of Labor Homeless Veterans Reintegration Program (HVRP). Our specialists assist veterans in creating resumes, enrolling in continuing education and job prep classes, learning life skills, and securing employment.

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**WELLSPRING HULL**

814 Nantasket Ave.

Hull, MA 02045

781-925-3211

[www.wellspringhull.org](http://www.wellspringhull.org)

SERVICES: Career Counseling; Job Development; Adult Education; Computer Learning

**Career Counseling and Job Development**

services are provided at no cost. Career Counselor Julie Rafferty is available on Wednesdays 9:00 AM - 3:00 PM for appointments and drop-in consultations.

CONTACT: Julie at 781-925-3211 or

[julie@wellspringhull.org](mailto:julie@wellspringhull.org)

**Adult Learning Program** offers educational opportunities for GED, diploma, internships and literacy programs. All classes are free of charge.

CONTACT: Program Director Ernie Minelli at 781-925-0951 or

[ernie@wellspringhull.org](mailto:ernie@wellspringhull.org) for more information.

The **Computer Learning Program** is held in Wellspring's newly renovated computer lab, located in the main office in Hull. Classes meet once a week for 4 weeks and are available both days and evenings.

PAYMENT: \$45 per course (assistance available)

CONTACT: Rick at 781-925-0951 or

[rick@wellspringhull.org](mailto:rick@wellspringhull.org)

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**INTERFAITH SOCIAL SERVICES**

105 Adams St.

Quincy MA, 02169

[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)

617-773-6203

**Career Closet** provides free professional attire to low-income job seekers. Clients are referred to this program from numerous social service and career assistance organizations in the area. Each "shopper" chooses up to five days' worth of clothing suitable for interviews and employment.

REQUIREMENTS: Referrals preferred from social services or workforce organizations (not required)

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# HOUSING

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## **WEYMOUTH HOUSING AUTHORITY**

402 Essex St.

Weymouth, MA 02188

[www.weymouthha.com](http://www.weymouthha.com)

781-331-2323

SERVICES: Provides federally aided elderly/disabled housing, federally aided family housing and administers Section 8 Housing Vouchers

WHA also administers over 159 Federal Section 8 Housing Choice Vouchers (program operated by the U.S. Department of Housing and Urban Development). The program offers rent subsidies to persons of low income, which allows them to acquire apartments in private developments or houses. Residents of WHA developments pay 30% of adjusted gross income, when occupying a federal property, and 30% of net income when occupying a state property.

PAYMENT: Rent that a resident/family pays in public housing is based on household income and whether the costs of utilities are included or not. (Electricity, heat, cooking fuel, and hot water) Elderly/disabled development residents pay no utility costs.

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## **FATHER BILL'S & MAINSPRING (FBMS)**

38 Broad Street

Quincy, MA 02169

[www.helpfbms.org](http://www.helpfbms.org)

617-770-3314 ext 255

SERVICES: Tenancy Preservation Program, Emergency Assistance and Shelters

\*If you or someone you know is in need of prevention information or immediate assistance, contact our **PREVENTION HOTLINE** at 617-770-3314 ext 255

HOMELESSNESS PREVENTION: FBMS has specially trained staff in the housing courts to help tenants and property owners avoid costly evictions. Our specialists mediate disputes, negotiate with housing court judges, and arrange for supportive services for disabled tenants. We also assist individuals and families at risk of homelessness to secure emergency help with rent, food, bills and other resources.

## EMERGENCY SHELTERS:

For individual men and women, ages 18 & up:

### **Father Bill's Place**

38 Broad Street

Quincy, MA 02169

Tel: 617-770-3314

### **MainSpring House**

54 North Main Street

Brockton, MA 02301

Tel: 508-587-5441

SERVICES: Guests receive triage case management, nutritious meals, health services (with on-site clinics), bath and laundry facilities, and personal items.

For homeless families:

### **Evelyn House**

94 Prospect St.

Stoughton, MA 02072

### **Conway House**

14 E Grove St.

Middleboro, MA 02346

SERVICES: Our congregate guests share kitchens, baths, laundry and common lounge areas, and have access to computers and indoor/outdoor play spaces. All guests receive triage case management and services for their children. Tutoring, classes and children's activities are also offered.

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**SOUTH SHORE HOUSING**

169 Summer St.  
Kingston, MA 02364  
[www.southshorehousing.org](http://www.southshorehousing.org)  
781-422-4200

South Shore Housing helps low and moderate income families and individuals secure affordable housing and use that housing as a foundation for improving their economic stability and wellbeing.

SERVICES: Rental Assistance through HCV, Housing Referrals, Family Support, Housing and Homeownership Educational Programs

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**INTERFAITH SOCIAL SERVICES**

105 Adams St.  
Quincy MA, 02169  
[www.interfaithsocialservices.org](http://www.interfaithsocialservices.org)  
617-773-6203

**HomeSafe** serves South Shore families at risk for homelessness due to financial hardship; we help to keep our clients “safe at home”. Any unexpected event such as illness, unemployment or hospitalization can easily cause a crisis situation for an impoverished family.

SERVICES: counseling, information referral, financial assistance with overdue rent, utilities assistance and or help with medical expenses

Within HomeSafe is a special program called **Fresh Start** which provides financial assistance to families who are moving from shelters or motels into permanent housing

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**QUINCY COMMUNITY ACTION PROGRAMS (QCAP)**

1509 Hancock Street  
Quincy, MA 02169  
[www.qcap.org](http://www.qcap.org)  
617-479-8181 x376

SERVICES: Emergency Rent/Mortgage Assistance, Homeownership Assistance, Home Equity Mortgage Conversion Program, First Time Home Buyer Education, Mortgage Foreclosure Prevention Counseling, Housing Rehabilitation Loan Programs, Affordable Rental Units & Affordable Housing Development

\*Call to check eligibility for programs

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**DOVE, INC.**

617-770-4065  
[www.doveinc.info](http://www.doveinc.info)

DOVE operates an 18-bed emergency shelter for individuals and families fleeing abusive relationships.

SERVICES: individual and family case management, crisis intervention/prevention, development of family strengths and needs assessment, assistance with basic needs, legal advocacy, benefits and systems advocacy, childcare, and children's services.

ADDITIONAL SERVICES: In addition, guests are offered on-site sexual assault, mental health and substance abuse services through collaborations with DOVE's community partners

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